



## Guiding Good Choices®

### Sessions:

How to Prevent Drug Use in Your Family

How to Develop Healthy Beliefs and Clear Standards

Avoiding Trouble: How to Say No to Drugs

Managing Conflict: How to Control and Express Your Anger Constructively

Involving Everyone: How to Strengthen Family Bonds

**This 4 week program is FREE, but you must register.**

This program is offered by the Howard County State's Attorney's Office and HC DrugFree in partnership with the Howard County Health Department

*Guiding Good Choices®* is an evidence-based, interactive prevention program that provides the families of children age 9-14 with the skills and knowledge to reduce the risk that their children will use drugs.

The program is for parents with the child(ren) age 9-14 attending the third session.

After completing the program, families will be able to:

**Influence** their children to help prevent drug use and other risky behaviors.

**Develop** clear family guidelines and expectations about drug use.

**Teach** children how to stay out of trouble, keep their friends and still have a good time.

**Dates:** Tuesdays, October 9, 16, 23, 30, 2018

**Time:** 5:30 – 8:00 p.m.

**Location:** Howard County Library (Elkridge Branch)  
6540 Washington Blvd (Route 1), Elkridge, MD 21075  
In the Belmont Room.

**To register, click link below:**

<https://www.surveymonkey.com/r/GGCOct2018>

**For more information,** contact HC DrugFree at 443-325-0040 or Admin@hcdrugfree.org.

**HCDrugFree**  
Empowering the Community